The proportion of low-income children not receiving health care in any given year is twice that of higher-income children.

One in four low-income women experience major depression that can impact the healthy development of their children.

To achieve self-sufficiency, families need social connections and community. Research shows that economic hardship can be compounded by social isolation.

A single parent earning minimum wage would have to work 102 hours per week to afford the high cost of housing in Colorado.

The Warren Village Wellness Initiative empowers families to prioritize well-being in their daily lives - removing the physical, psychological, social, and financial barriers that may be standing in the way of their self-sufficiency goals.

We believe this addition to our program will ensure that our parents and children can better sustain the successes they achieve, long into the future.
"As I pursue my education and career, the support of Warren Village – including access to counseling and financial coaching – has allowed me to realize that the issues from my past were stopping me from achieving success. Today, I am on my way to addressing these issues and pursuing a career that will lead to long-term self-sufficiency for my son and me."

PRECIOUS
Warren Village resident

**VITAL U**
A series of required classes that introduce families to basic skills in each of the four elements of wellness.

**WELLNESS PLANS**
Wellness plans are completed by families with the support of their Family Advocate, serving as a commitment to continue the work identified in Vital U.

**MENTAL HEALTH SERVICES**
We currently employ a Mental Health Clinician in the Learning Center, and are seeking funding for additional on-site mental health support for adults and children not served in the Learning Center.

**VILLAGE WELLNESS**
Enhanced programming and classes offered by Warren Village and other partners under the four elements of wellness.